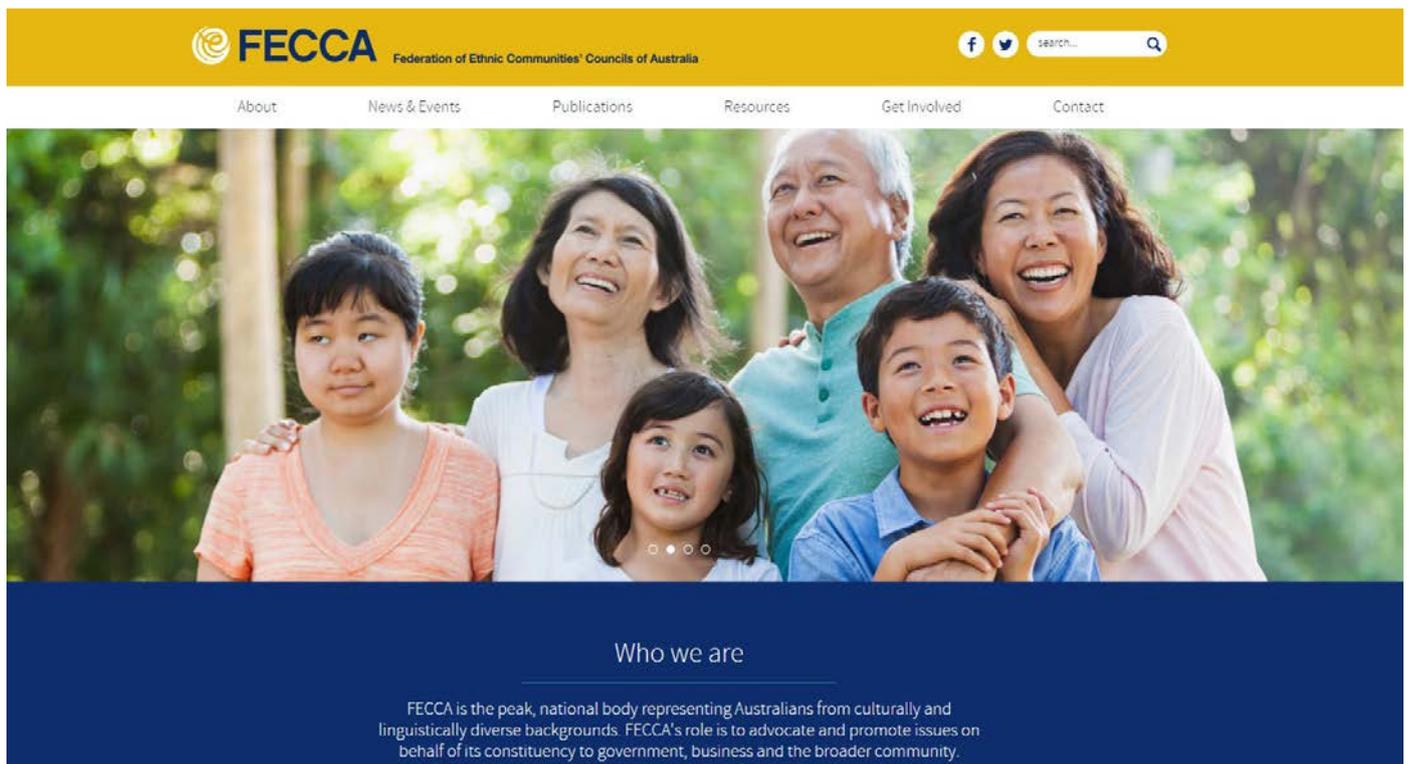


FECCAe-NEWS

The Newsletter of the Federation of Ethnic Communities' Councils of Australia

We've launched a NEW website!

FECCA is proud to announce the launch of our new website which enhances the user experience, has increased functionality and improved interactivity.



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From the FECCA Chair



Hello and welcome to FECCA's July 2015 update.

This month, FECCA is proud to announce the launch of our new website with improved user interface, increased functionality and interactivity, and enhanced stakeholder experience. Look out for latest edition of Australian Mosaic magazine, recent submissions, including the supplementary submission to the inquiry into inhibitors to employment for small business and disincentives to working for individuals, the submission for the National Disability Employment Framework, the submission on Australian Citizenship, a new paper on access and equity in the context of the National Disability Insurance Scheme, and a case study on settlement issues affecting new and emerging communities in rural and regional Australia. You can visit our new website [here](#).

The Australian Citizenship Amendment (Allegiance to Australia) Bill 2015 (Cth) was introduced into Parliament last month, and has been referred to the Parliamentary Joint Committee on Intelligence and Security. FECCA recently made a submission to the Committee in relation to this Bill. Our submission highlights our concern that providing for the automatic cessation or revocation of citizenship for dual nationals will create two categories of citizenship, which has the potential to disrupt social cohesion. The submission also raises a number of concerns about various procedural elements of the Bill which FECCA believes do not provide adherence to fundamental individual rights. It is FECCA's position that in its current form, the Bill should not be passed. You can read the submission [here](#).

FECCA also attended the 'Cultural Diversity in Healthy and Active Ageing' seminar, bringing together leading thinkers and practitioners in the field of cultural diversity and ageing and aged care to discuss and celebrate innovation and cultural diversity at this collaborative active ageing event.

I spoke about the recently released landmark research report, the 'Review of Australian Research on Older People from Culturally and Linguistically Diverse Backgrounds', launched by the Hon Minister for Social Services, Scott Morrison MP, at Parliament House in Canberra in March.



Finally, registrations are open for the FECCA 2015 National Biennial Conference, "Multiculturalism in Action: Building a better future for all Australians", organised in partnership with the Ethnic Communities' Council of NSW (ECC NSW). The Conference will be held on 5-6 November 2015 in Sydney, NSW. The Organising committee invites authors to submit abstracts for presentation within the program. Submissions are sought for oral presentations and can be made via the Abstract Submission Portal. All abstracts must be submitted online by Monday 3 August 2015. More information can be found on the Conference [here](#).

Joseph Caputo OAM JP

FECCA NEWS

Farewell Laura Raicu

FECCA thanks Laura Raicu, Policy and Project Officer, for her dedication to the organisation for close to 2 years. Laura's contributions to FECCA's work, in particular, with relation to settlement and new and emerging communities, have been enormously valuable.

We wish Laura all the best in her new role.



Recent Submissions

Australian Citizenship

FECCA has made a submission to the Government's consultation on Australian citizenship. The submission addressed the discriminatory and unnecessary proposed changes to the eligibility for Australian citizenship, the citizenship test and citizenship pledge. FECCA also highlighted the importance of citizenship policy for achieving and maintaining social cohesion in the Australian community by giving migrants a sense of belonging and acceptance.

You can read the submission [here](#).

Employment in small business

Members of the FECCA secretariat appeared before the House of Representatives Education and Employment Committee at a public hearing for the Committee's Inquiry into inhibitors to employment for small business and disincentives to working for individuals. The key issues raised by FECCA in this inquiry were:

- Barriers to employment for CALD workers including language barriers, difficulty obtaining recognition for skills and qualifications, employer bias in recruitment and lack of Australian work experience;
- Intersecting disadvantage including for CALD workers with disabilities, CALD youth, CALD women, and older CALD people;

Workplace policies regarding discrimination and cultural diversity.

You can read FECCA's submission [here](#) and supplementary submission [here](#).

National Disability Employment Framework

FECCA made a submission for the National Disability Employment Framework organised by the Department of Social Services. The Australian Government established a Disability Employment Taskforce to review the current support system and develop a new National Disability Employment Framework. In this submission, FECCA discussed the intersecting disadvantages faced by culturally and linguistically diverse (CALD) people with disabilities, workforce participation (or lack thereof), role of the employment services including Disability Employment Services,

FECCA NEWS

Recent Submissions

continued

JobAccess and JobActive and the National Disability Insurance Scheme and its impact on employment outcomes for this cohort. FECCA recommended adopting pragmatic measures including, increasing employment options such as working from home and job sharing, implementing targeted communication strategies to increase awareness about disability employment services amongst CALD communities and educating employers about the supports available to them as well as educating people with disability, their parents and carers about flexible employment options, rights and entitlements in the workplace, discrimination in the workplace and complaints mechanisms.

You can read FECCA's submission [here](#).

New Documents

Community perspectives on settlement issues affecting new and emerging communities in rural and regional Australia: A case study of the Iraqi, Afghan, Congolese and Sudanese communities in Shepparton

FECCA conducted a consultation in Shepparton, Victoria over two days in March. This report uses Shepparton a case study for settlement of new arrivals in a rural or regional location. The case study aims to make a contribution to the discussion on rural and regional settlement by providing community perspectives on how access to government services and community attitudes impact new and emerging communities' economic participation, social integration, sense of belonging and settlement outcomes.

FECCA thanks the Ethnic Communities Councils of Shepparton and District and FECCA Rural and Regional Advisory Committee for the generous assistance provided in hosting FECCA's Shepparton consultation. We also thank the Translating and Interpreting Service (TIS National) for assisting with the translation for flyers for promotion of these consultations.

You can read the case study [here](#).

Access and Equity in the context of the National Disability Insurance Scheme (NDIS)

This paper draws on the work of FECCA's Disability Advisory Committee, including a roundtable discussion in Melbourne in February and a community consultation in Darwin in March. The NDIS is one of the most important social reforms in relation to welfare of people with disability in the recent history. FECCA believes that all Australians, regardless of cultural, linguistic or religious background, should be able to access Government services equitably. The paper covers a range of issues relating to the access and equity of the NDIS for CALD Australians including engagement of CALD communities, the accessibility of key concepts in the Scheme including choice and control, the design of the Scheme, and importance of specific data.

You can read the paper [here](#).

FECCA NEWS

Ageing and aged care update

The FECCA ageing and aged care team has been working on a number of initiatives. The Senior Policy Officer, Health and Ageing, Liz Pugh, presented on FECCA's annual aged care consultations at the *Ageing in a Foreign Land Conference* in Adelaide and talked about its findings. These included that older people from culturally and linguistically diverse (CALD) backgrounds have almost no access to internet or computers, have largely not heard of the *My Aged Care* website and have a preference for face to face communication and multicultural media.



Ian Yates from COTA Australia, Jason Howie from KinCare Group and Liz Pugh representing FECCA shared their views at a panel session on *Engaging CALD communities to embrace Consumer Directed Care* (CDC) at the Partners in Culturally Appropriate Care (PICAC) NSW-ACT CALD Ways Forum. Liz highlighted that information to CALD clients on CDC needs to be provided in their language of choice, preferably in face to face discussion, and that ongoing support is required as people navigate the system.

FECCA has had ongoing involvement in the work of the National Aged Care Alliance (NACA) and contributed to the NACA Blueprint. The Blueprint is a response to the Australian Government's desire to look at further reform in aged care. It sets out NACA's vision and the 'steps that stakeholders, particularly governments, can

take to create a stronger aged care future for all'. For more information click [here](#).



FECCA in partnership with PICACs held Sector Leadership and Management Forums on implementing culturally appropriate aged care practices in Hobart, Canberra, Brisbane and Adelaide. Service providers, aged care organisations, PICACs and FECCA shared the work they are doing in providing and promoting a culturally inclusive model of care. Topics included culturally appropriate dementia care and food, and cultural diversity strategies in aged care service provision. FECCA will be developing a resource on best practices in culturally appropriate care incorporating the feedback received from participants of the Forums.

Tina Karanastasis, FECCA Senior Deputy Chair, participated in a panel discussion at the COTA Australia National Policy Forum 2015, at the National Press Club in Canberra. Tina talked about the unique experiences of CALD people as carers and CALD people who receive care. She was also interviewed by SBS radio talking about the difficulties some older CALD people experience in accessing services. To hear her interview click [here](#).



FECCA NEWS



FECCA 2015

5-6 November 2015 | Sydney

**Multiculturalism in Action:
Building a better future for all Australians**

Key dates

Call for Abstracts	Now Open
Abstract submission deadline	3 August 2015
Registration	Now Open
Notification of acceptance of abstract	17 August 2015
Early bird / Presenter registration closes	31 August 2015
Accommodation booking deadline	25 September 2015
Conference dates	5 - 6 November 2015

FECCA 2015 National Biennial Conference is co-hosted by



REGISTRATION NOW OPEN

www.2015fecca.com

Celebrating 40 years of multicultural policy for all Australians

Stakeholder Updates

Launch of new resource - *Building Social Cohesion in our Communities*

The Race Discrimination Commissioner launched Building Social Cohesion in our Communities, a free, interactive online resource to support development of strong, socially cohesive communities.

The resource is aimed at local government but will also be useful for non-government organisations, community groups and others with an interest in community cohesion.

Developed by the Australian Centre of Excellence for Local Government for the Commission under the National Anti-Racism Strategy, Building Social Cohesion in our Communities aims to help local governments to:

- Understand their communities and measure their strengths and weaknesses
- Engage their communities and build partnerships between key stakeholders
- Prevent and respond to incidents of racism or conflict between groups if they arise
- Strategically plan for the needs of their communities now and into the future, and
- Monitor, evaluate and share outcomes.

The resource is structured around the five elements of building social cohesion based on international best practice. It features case studies from local government areas around Australia, tips for implementing good practice at the local level and links to further resources.

The online resource is available at: www.acelg.org.au/socialcohesion

Overseas Income Tax

Do you have a bank account in another country or receive income from foreign sources?

If you're an Australian resident for tax purposes, you must declare any income you earn anywhere in the world. This includes income from overseas bank accounts such as interest, rental income from overseas properties, and capital gains from selling an overseas property.

Even if you have already paid tax on the foreign income in another country, you still need to include it in your Australian tax return. You can usually claim a foreign income tax offset in your tax return so that you're not double-taxed.

CASE STUDY: MOVING TO AUSTRALIA

Feng and his wife Janet permanently moved from Singapore to Australia at the end of 2014. They have a joint bank account in Singapore which they decided not to close. The couple also rent out their apartment in Singapore and the rental income is deposited into their locally-held account.

Feng and Janet visit a tax agent in Australia - Sandra - prior to the end of the financial year. Sandra asks them about their earnings and assets and Feng tells Sandra about the rental property and overseas bank account. When preparing the couple's tax returns Sandra includes the rental income they received from the apartment in Singapore under the foreign source income label. She also lists each spouse's share of bank interest (i.e., 50%) from the joint account.

Feng and Janet already paid tax on the rental income in Singapore. There is a Double Taxation Agreement in place between the two countries and they are able to claim a tax offset on the tax already paid in Singapore. When the returns are processed they each receive a refund.

You might be an Australian resident for tax purposes even if you're not an Australian citizen or permanent resident. If you're not sure, you can use a tool available in English at ato.gov.au/residency to work out your residency status.

For more information in English about foreign income tax visit ato.gov.au/internationaltax or contact the ATO by phone on **13 28 61**.

If you do not speak English well you can phone the Translating and Interpreting Service on **13 14 50** for help with your call.

Stakeholder Updates

CHOICES project

In March this year, the CHOICES team concluded an eleven months cluster-randomised trial of the CHOICES (in community aged care) model, a self-directed care approach for older Australians living in regional/rural, Indigenous, and culturally and linguistically diverse communities. In essence, the CHOICES model is an extended version of the PACS model, successfully trialled with older people in a metropolitan context in 2012. The CHOICES model is a stepped model that focuses on building older people's capacity to self-direct those elements of their care arrangements they want to take control of. Older people are mentored to become comfortable with care planning and budgeting before, if they are that way inclined, taking on care coordination and administrative tasks. However, clients are under no obligation to take on these tasks. The model incorporates a health maintenance approach as well as a focus on care integration with health and allied health services.

During the trial, a total of 198 participants were randomly assigned to five clusters. Of these 127 participants completed the trial eleven months later. Although implementation was limited, only a small percentage of clients (around 25%) were offered the flexibility envisaged under the model, the trial suggests that the CHOICES model increased participants' satisfaction with the assistance provided by their agency, with their financial arrangements, that their opinions and preferences were being respected, and that they were treated with dignity and respect. Furthermore, the model changed participants' views of what they could achieve in life. It is important to point out that the three communities had very distinct views on what a more flexible model of care should look like. Also, preferences regarding self-direction options differed considerably. Moreover, interviews conducted with participants from the three communities clearly showcase that clients want to be much better informed and that they want to be given greater decisional authority. In particular, the vast majority of participants (between 60% and 90%) explained that they want to be informed about how much money is in their budget and how much their services (including care management) cost.

The CHOICES team developed a comprehensive suite of tools to aid the implementation of the model. Organisational readiness as well as practice tools were successfully trialled and are available to the public at no cost. Also, the team developed easy to

follow training modules that offer advice and support to staff with some basic background knowledge in CDC. Several of the models are geared towards more experienced CDC practitioners and provide insights about the risk management processes that are key to ensuring that self-direction at more advanced levels is safe for participants. The readiness and practice tools as well as the training modules are available on the project webpage: www.choicesinagedcare.com.au. The project was funded by the Commonwealth Department of Social Services under the Encouraging Better Practice Program. Also, the project had the support of Uniting Care Life Assist and Deakin University.

The Refugee Adjustment Study

The Refugee Trauma & Recovery Program (RTRP) at the University of New South Wales have recently launched the Refugee Adjustment Study, a longitudinal online study examining refugees and asylum-seekers' settlement and mental health experiences in Australia. The study also hopes to understand the possible mechanisms through which settlement might affect psychological wellbeing and which factors influence mental health in the dynamic settlement environment. By understanding more about the impact of settlement stress, better treatments can be developed to support individuals who experience ongoing difficulties related to the refugee experience.

Participation in this project is open now to all refugees and asylum-seekers who have arrived in Australia since January 2011 and are over 18 years of age. Participation involves completing a series of online surveys containing questions about their experience, with surveys currently available in Farsi, Arabic, Tamil and English. Eligible participants will be reimbursed for taking part in this research study.

For more information, please visit www.rtrp-research.com/refugeeadjustmentstudy.

STAKEHOLDER UPDATES

White Ribbon Australia partners with key multicultural stakeholders to deliver Diversity Workshops

White Ribbon is Australia's only national, male led campaign to end violence against women. It encourages male leadership in the prevention of violence against women, based on the understanding that most men are not violent.

White Ribbon Australia, in partnership with the Settlement Council of Australia, the Migrant Resource Centre of South Australia and Myriad Consultants is delivering a series of training workshops across Australia for culturally and linguistically diverse men on preventing gender-based violence in our communities.

These White Ribbon Diversity Workshops aim to:

- Promote understanding of the value of involving men in gender-based violence prevention
- Increase men's ability to take action to challenge gender-based violence
- Increase the capacity of men to work together towards violence prevention, healthy families and communities
- Strengthen a multicultural men's network for violence prevention and positive role modelling for all men in our communities.

Participants are encouraged to:

- learn more about the issue
- start conversations with men in their community to increase awareness
- engage others in their life – family, work, community and social group.



The Diversity trainings to date have been held in four locations across Australia during May and June 2015 in Shepparton, Victoria; Canberra, ACT; Parramatta, NSW; and Adelaide, SA. These trainings enabled participants the opportunity to discuss the issue, including the challenges they face in influencing behavioural and attitudinal change in their communities. Participants increased their knowledge about practical ways that they can prevent violence against women. Some feedback provided by participants is included below:

'The training has given me ideas of how to engage with my community [about men's violence against women] in different ways.'

'[The training] provided me with background, theory and knowledge on the issue. It empowered me with strategies, ideas and networking, and also access to new materials.'



White Ribbon Australia's New Diversity Program

The Diversity Program focuses on making the White Ribbon Campaign more inclusive, building on existing strengths of the grassroots Campaign through meaningful and respectful collaboration with communities across Australia.

The Diversity program involves:

- Growing the engagement of men and women from Aboriginal and Torres Strait Islander & multicultural communities in White Ribbon primary prevention activities
- Enhancing engagement with diverse communities through local events and forums to increase knowledge and action to prevent men's violence against women
- Developing culturally accessible and relevant learning tools and resources, to help build capacity to prevent men's violence against women

STAKEHOLDER UPDATES

White Ribbon Australia partners with key multicultural stakeholders to deliver Diversity Workshops

continued

- Running a series of workshops for men from diverse communities to strengthen the prevention of men's violence against women.

Get involved in White Ribbon Night July 31. Have a night in to get the word out! See www.whiteribbon.org.au/night for more details.



For more information please contact diversity@whiteribbon.org.au or visit www.whiteribbon.org.au/diversity

Bridging Relationships and Initiating Greater Harmony and Tolerance (BRIGHT) Program

The Islamic Women's Association of Queensland Inc (IWAQ) has been funded by the Federal Attorney General's Department to deliver the Bridging Relationships and Initiating Greater Harmony and Tolerance (BRIGHT) Program under the Living Safer

Together Initiative,

This program works both with parents of young Muslim men and women, providing them with information and advice as to how they can guide and support their young people, while also assisting to refocus and inspire those young people who have become disenfranchised from Western Society.

The BRIGHT program is a 12 week program that refocuses the youth on themselves and their future. We will take them on a journey of self-discovery that gives them hope and enthusiasm for the life they are presently living. The ultimate goal is to support them into employment and assist them to become a productive and included member of society.

Workshop modules will include such topics as

1. Self-Actualisation (Goal setting and discovering your purpose)
2. Your Body is Your Temple (learning to respect life starting with their own)
3. Be the Master of Your Own Destiny (Self-discipline and will-power)
4. The Power of Positive Thinking
5. Money Matters (Learn the 8 Keys to Financial Prosperity)
6. Turn Your Idea Into a Business (Entrepreneurship and Innovation)
7. Preparing for the Age of Technology (Skills for the 21st Century and the Do's and Don'ts of Social Media)

Register for a New Accredited Course on Bilingual Women's Health Education

The Multicultural Centre for Women's Health in partnership with The Benchmark group is pleased to inform you of a new nationally accredited training course, Multicultural Women's Health Education for Bilingual Health Educators. The course is the first of its kind in Australia, and is suitable for community workers and bilingual health educators who want to build on and develop their skills in facilitation and women's health.

For more information about the course and for details about how to register visit: www.mcwh.com.au.

STAKEHOLDER UPDATES



SBS Radio Maltese on Digital Radio

SBS today announced that the SBS Radio Maltese digital only programs, at 12pm Tuesday and 2pm Thursday on SBS Radio 3, will conclude on 6 August 2015.

The SBS Radio Maltese programs on the analogue SBS Radio 2 schedule, at 12pm Friday and 2pm Saturday, will continue as normal.

This change will bring the SBS Radio Maltese program's broadcast hours into line with allocations for languages of a similar size and need in Australia, as determined by the 2013 SBS Radio Schedule Review and 2011 Census data.

During the 2013 SBS Radio Schedule Review, and following extensive community consultation, the Maltese language was allocated two programs on the analogue schedule, on SBS Radio 2, plus two additional programs on the digital SBS Radio 3 schedule.

At the time, SBS indicated it was able to commit to the additional programs on SBS Radio 3 for a period of two years.

TV News from Malta will continue to broadcast at 8am every Thursday and Sunday on SBS 2, with catch up viewing available via SBS on Demand or sbs.com.au/maltese.

How to listen to the SBS Radio Maltese program, after 6 August 2015

Radio:

SBS Radio 2

12pm Friday

2pm Saturday

Find your closest frequency here: sbs.com.au/radio/article/2014/04/14/amfm-frequencies

Digital TV: SBS Radio 2

Online: Live and catch up listening at sbs.com.au/maltese

Mobile: SBS Radio App, on iOS and Android devices

Social Media:

twitter.com/sbsradiomaltese & facebook.com/pages/SBS-Maltese/122556091126233

ENDS

For enquiries please contact:

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STAKEHOLDER UPDATES



Culturally and Linguistically Diverse Seniors Ageing in Australia: Solutions Focused Forums 2014

The Blue Care Multicultural Service in Queensland initiated a community engagement project designed to listen and document culturally and linguistically diverse (CALD) community members' solutions to their concerns about ageing in Australia. Twelve CALD community forums were conducted, resulting in the following four proposed recommendations outlined in the report "CALD Seniors Ageing in Australia: Solutions Focus Community Forums 2014":

1. Developing 'Seniors Information Hubs' to overcome language/literacy/cultural barriers.
2. Developing grand parenting workshops and social activities; partnering with CALD communities; to prevent isolation and provide support around intergenerational issues.
3. Aged Care Service providers to share their resources (premises, transport, venues) with CALD community groups so they can adequately support their single, isolated seniors, in particular on weekends.
4. Aged Care services to value culture as an asset, utilising bi-cultural staff/volunteers to provide culturally appropriate services for all. Also to explore co-locating CALD seniors from specific cultural backgrounds both in respite and residential facilities.

The report, endorsed by Federation of Ethnic Communities Councils of Australia (FECCA), was followed by a consultative workshop in June 2015 involving CALD seniors, representatives of aged care providers, and was observed by the Chair of FECCA, Mr Joe Caputo. The aim of the workshop was to identify a set of strategies that if initiated, would represent

the initial phases in the progression of the above recommendations. The following three strategies were developed at the workshop:

Strategy 1: Establish a national network of place based information and activity hubs for CALD seniors. Such hubs could address the need for social connectivity as well as information and referrals.

Strategy 2: Develop resources to facilitate supporting activities for CALD seniors and their grandchildren. CALD grandparents have both a traditional and contemporary role in child rearing, are often highly motivated, and are well placed to contribute to community activities.

Strategy 3: Establish a national clearing house to share, promote and advocate for best practice in service delivery for CALD seniors. A peak body such as FECCA would be ideally suited to monitor national and international trends as a strategy to affect systemic change.

The full report can be obtained from Blue Care Multicultural Service, please contact: m.sepulveda@bluecare.com.au.



New translated fact sheet about energy at home from the Australian Energy Regulator

Energy is a big expense for many households and building consumer confidence to engage with energy markets is one of the Australian Energy Regulator's key priorities.

We are pleased to advise that we have just released our popular consumer fact sheet, Understand, compare and control your energy service in a range of languages.

This fact sheet will help households to understand their rights and protections; use our new-look Energy Made Easy website (www.energymadeeasy.gov.au) to compare different energy offers and know what action

STAKEHOLDER UPDATES

New translated fact sheet about energy at home from the Australian Energy Regulator

continued

to take if they have problems with their energy or difficulty paying their bill.

The fact sheet is available in Arabic; Chinese (Simplified); Chinese (Traditional); Dari; Hindi; Khmer; Korean; Mandarin; Persian (Farsi); Punjabi; Spanish; Thai; Turkish and Vietnamese.

We have also developed two new short videos to encourage consumers to be engaged with their energy service and to raise awareness of the help available for customers experiencing payment difficulties.

- Could you be doing more to pay less on your energy bills? raises awareness of how consumers can manage and reduce their energy costs, for example by budgeting to avoid bill shock, being energy efficient and shopping around for a cheaper offer.
- Are you having difficulty paying your energy bill? encourages consumers to contact their retailer early if they're experiencing trouble paying their bill. It is about reassuring customers that they are not alone and that help from their retailer is available; for example through an extension, payment plan or hardship program

To improve the accessibility of our information, we have designed three of our most popular factsheets into Easy English. Easy English combines text and images to convey information simply and directly. It is designed to make sense to people who have difficulty reading and understanding English. The fact sheets available are Understand, compare and control your energy service; Do you have trouble paying your energy bill?; and What can I do if I have a complaint?

Please contact [Allison Crowe](#) for further information about the AER or to request electronic or printed copies of any of our new fact sheets or Facebook links to the videos. The AER regulates states and territories where the National Energy Retail Law has commenced: ACT, Tasmania, New South Wales, South Australia and Queensland. If you are in another state or territory, we can tell you who the energy regulator is in your area.



Carers SA - Safeguarding Carers

There is the potential for anyone who is a carer to be at risk of abusing or being abused. Carers SA has developed resources for service providers and for carers to identify abuse and risk factors associated with abuse in caring relationships. The research and development of these resources was commissioned by the Government of South Australia - SA Health - Office for the Ageing.

Carers across regions and across culturally and linguistically diverse backgrounds have told us of examples of abuse. One of the carers for example mentioned a walking stick being used as a weapon. Many carers mentioned that the family may be putting pressure on the carer to do more than can be managed comfortably. These are all examples of insidious abuse which cause harm and distress to the victim. Sadly, we all heard of or could add further and more drastic examples.

Abuse in the home is sometimes described as a "hidden problem" and can include:

- Physical and psychological abuse
- Physical neglect
- Emotional abuse
- Sexual abuse
- Financial abuse

Carers SA has developed a tool designed for professionals to help them identify carers at risk and respond appropriately. It builds on the on the culturally and linguistically inclusive service principles of: Listen, Encourage, Help and Advocate.

Carers can also actively participate in the prevention of abuse if they have greater knowledge of the warning signs, of their rights and obligations, and of where to seek help. Carers SA has published a brochure for carers covering these items. Both of these resources are available from the Carers SA [website](#).