

# Unready, Unwilling and Ageing Ethnic Baby Boomers and their Parents

**Author/s:** Ethnic Communities Councils of Victoria | **Year:** 2009 | **Publication type:** Report | **Peer reviewed:** | **Topic area/s:** Informal Care

**Reference:** Ethnic Communities Council of Victoria (2009). Unready, Unwilling and Ageing Ethnic Baby Boomers and their Parents. Policy Discussion Paper ECCV.

**Key Words:**

family care, baby boomers, expectations, informal care, ethnicity

**Research aim:**

This policy paper has been developed in response to the increasing realisation among adult children of immigrant parents that enormous time, energy and sensitivity is required for them to ensure that their ageing loved ones maintain the best possible quality of life.

**Results/Conclusion:**

conflicting cultural expectations and attitudes are a common obstacle among Ethnic Baby Boomers who do not actively identify with their parent's ethnic background due to reasons of personal preference or lifestyle practicality. As a result, unresolved feelings of guilt and blame can often arise in the process of Ethnic Baby Boomers adopting care giving roles for their parents.

**Implications:**

These recommendations include: • Development of a broad public awareness campaign targeting all members of the Baby Boomer generation to highlight the key issues for consideration in terms of caring for the ageing parents; • Resourcing of ethno-specific aged cared agencies to develop secondary ethno-specific material and resources that target the Ethnic Baby Boomers within their particular communities; • Resourcing of migrant and multicultural community organisations to facilitate culturally appropriate family information sessions that encourage all family members to be involved in deciding the most desirable age care solution for their frail and elderly.

**Cultural Group(s):**

Ethnic baby boomers

**Location of study:**

**Age group:**

**Number included in study:**

N/A

**Type of participants:**

**Research approach:**

**Type of data:**

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**

Not primary research - a discussion paper about emerging issues with the growing number of older CALD and ethnic baby boomers and expectations around provision of care within families