

The role of health promotion in healthy ageing

Author/s: Hussain, Rafat Marino, Rodrigo Coulson, Irene | **Year:** 2005 | **Publication type:** Book section | **Peer reviewed:** |
Topic area/s: General Wellbeing

Reference: Hussain, R., R. Marino and I. Coulson (2005). The role of health promotion in healthy ageing. Contemporary issues in gerontology: Promoting positive ageing. V. a. C. Minichiello, I. Crows Nest, NSW, Allen and Unwin: 34-52.

Key Words:

health promotion

Research aim:

The chapter examines approaches for measuring successful ageing ; health promotion strategies that relate to ageing ; principles of health education and health promotion in older adults; and key elements for adult learning, including relevance, taking into account the individual's experience, realistic and measurable goals, group based interaction and sustainability.

Results/Conclusion:

Different strategies need to be utilised for different types of older people

Implications:

Cultural Group(s):

Location of study:

Age group:

Number included in study:

N/A

Type of participants:

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

Presents different case studies demonstrating the need for different approaches to reach different types of older populations - not specific to CALD but one case study was about Marino et al dental research with older CALD