

# Specialist Mental Health Services for Older People (SMHSOP) -NSW Service Plan – 2005-2015

**Author/s:** NSW Department of Health | **Year:** 2006 | **Publication type:** Report | **Peer reviewed:** | **Topic area/s:** Mental Health

**Reference:**

**Key Words:**

mental health, services, strategies framework

**Research aim:**

This plan is intended to guide the development of Specialist Mental Health Services for Older People (SMHSOP) in Area Health Services across NSW over the next 10 years. Includes a small section on CALD older people as a special needs groups for health services

**Results/Conclusion:**

There is a limited evidence base concerning service models for older people with mental health problems from CALD backgrounds, and it is anticipated that culturally appropriate models will be developed, piloted and reviewed in Phase 1 of implementation to inform service developments in Phase 2.

**Implications:**

Ten year plan for meeting the mental health needs of the elderly in NSW

**Cultural Group(s):**

Not CALD specific (identifies CALD as a special needs group)

**Location of study:**

New South Wales

**Age group:**

older people

**Number included in study:**

N/A

**Type of participants:**

**Research approach:**

**Type of data:**

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**

Not primary research - review of needs and services working towards creating a mental health plan for older people in NSW for the next 10 years - one of the outcomes of this was a CALD mental health working group