

Older Chinese Australians: understanding of falls and fall prevention: exploring their needs for information

Author/s: Xiao Jing Yang Betty Haralambous Jocelyn Angus Keith Hill | **Year:** 2008 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** General Wellbeing, Falls

Reference:

Key Words:

falls prevention, health literacy, information access, Chinese older people

Research aim:

This research aimed to explore the needs of older Chinese Australians in relation to falls prevention and to help the future design of culturally-appropriate falls prevention programs among this ethnic group.

Results/Conclusion:

Findings highlighted that this group of Chinese older people had a need for further education on falls risk factors and prevention strategies, preferably in their first language. Allied health services were viewed as being unfamiliar to participants.

Implications:

Findings indicated that falls prevention programs need to take into account Chinese older people's special language needs and service delivery preference.

Cultural Group(s):

Chinese Australians

Location of study:

Victoria (Melbourne)

Age group:

65+

Number included in study:

15

Type of participants:

Community-dwelling, Cantonese-speaking Chinese older people

Research approach:

Qualitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: