

Mental health and CALD seniors

Author/s: Zogalis, Georgia | **Year:** 2008 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** Mental Health

Reference:

Key Words:

mental health, suicide, trauma, migration history, services access

Research aim:

This article discusses the factors that influence the mental health of CALD elders, highlighting the significance of migration coupled with ageing, as well as frustration about lack of communication due to poor English skills that can lead to isolation.

Results/Conclusion:

Previous torture or other trauma affects the mental health of some migrants and refugees. The article considers the increased rates of suicide among CALD populations, especially older people, and outlines differences in rates of mental health among immigrants from different regions. It argues that mental health services must be culturally competent and inclusive to improve mental health outcomes for CALD seniors.

Implications:

Cultural Group(s):

CALD

Location of study:

Age group:

Elders

Number included in study:

N/A

Type of participants:

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

Not primary research - Mosaic article. Could not access full text - abstract claims discussion around different rates of mental health issues for different birthplace groups