

# Meeting the Cultural Food Needs of Queensland's Culturally and Linguistically Diverse (CALD) Aged: What Do Service Providers Say?

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**Reference:**

**Key Words:**

food security, nutrition, older CALD, HACC services

**Research aim:**

This report builds on the information presented in the literature review aiming to explore the current provision of food services to CALD clients and the barriers and enablers to this service provision in Queensland. In-depth interviews and an online survey were conducted with HACC aged care providers and key informants about food security issues for CALD clients

**Results/Conclusion:**

Evidence suggests that whilst there are some CALD groups whose cultural food needs are being met by HACC aged care services; there remain multiple CALD groups in Queensland who do not have adequate access to culturally appropriate HACC food services. For example, there are no Halal, Vietnamese, Chinese, Italian, Spanish, Pacific Islander (PI) or Maori delivered meal services in Queensland, despite large numbers of CALD aged in these communities. There appeared to be a poor understanding of the cultural food needs and preferences of some HACC services? catchment areas related to limited data collection. Unfortunately in Queensland, the most widely available delivered food service, Meals on Wheels (MOW), was seen by many participants to not meet cultural food needs for the majority of CALD elderly.

**Implications:**

The data also enabled investigation into existing service issues and exemplified the urgent need for further work in this area of significant importance to wellbeing.

**Cultural Group(s):**

CALD

**Location of study:**

Queensland

**Age group:**

**Number included in study:**

21

**Type of participants:**

participants working for aged-care organisations

**Research approach:**

Qualitative

**Type of data:**

Primary

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**

Part 2 of a study, literature review publication previously released by the same authors