

In their own right: Assessing the needs of carers in diverse communities

Author/s: Multicultural Mental Health Australia | **Year:** 2004 | **Publication type:** Report | **Peer reviewed:** | **Topic area/s:** Carers who are CALD, Mental Health

Reference:

Key Words:

CALD carers, mental health, service provision

Research aim:

The project aimed to examine the effectiveness of the Carer Profile assessment strategy, which examined the value of carer assessment in supporting carer/family relationships for carers from culturally and linguistically diverse (CALD) backgrounds caring for a relative or a friend with a mental illness.

Results/Conclusion:

It was concluded that the Carer Profile was effective in assessing carers' needs and supporting them in their caring role, and should be adapted as a core part of mental health services.

Implications:

Cultural Group(s):

Chinese, Greek

Location of study:

New South Wales

Age group:

Number included in study:

N/A

Type of participants:

CALD carers and service providers

Research approach:

Mixed methods

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: