

# Hospitalisation, care plans and not for resuscitation orders in older people in the last year of life

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**Key Words:**

end of life care, advanced care planning, high level care

**Research aim:**

Explores bed utilisation, documentation, and follow through of 'care plans' as well as 'not for resuscitation' orders in the last year of life of the older people in our area.

**Results/Conclusion:**

110 patients' records were reviewed. The mean age was 80 years and 31% were from a non English-speaking background. this study showed that in our diverse population there were multiple admissions and utilisation of hospital beds for older people in their last year of life. Care plans and not for resuscitation orders were rarely documented prior to last admission. However, when advanced care plans were done, they were usually well documented and followed through appropriately.

**Implications:**

**Cultural Group(s):**

Non-English speaking background, English speaking background

**Location of study:**

New South Wales (Bankstown)

**Age group:**

**Number included in study:**

110

**Type of participants:**

Patients who had died in the hospital where the study was located

**Research approach:**

Qualitative

**Type of data:**

Secondary

**Secondary data sources used:**

Medical records

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**

Not specific to CALD but 31% of records belonged to people from a non-English speaking background