

# Home and community care services: a major opportunity for preventive health care

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**Reference:**

**Key Words:**

Use of HACC services, service use, overseas born, preventative health

**Research aim:**

In this study we sought to describe health-related factors associated with use of HACC services, and to identify potential opportunities for targeting preventive services to those at high risk.

**Results/Conclusion:**

Increasing age, female sex, lower pre-tax household income, not having a partner, not being in paid work, Indigenous background and living in a regional or remote location were strongly associated with HACC use. Overseas-born people and those speaking languages other than English at home were significantly less likely to use HACC services.

**Implications:**

HACC clients have high rates of modifiable lifestyle risk factors and health conditions that are amenable to primary and secondary prevention, presenting the potential for implementing preventive health care programs in the HACC service setting.

**Cultural Group(s):**

Overseas born

**Location of study:**

New South Wales

**Age group:**

45+

**Number included in study:**

103,041

**Type of participants:**

Respondents to the 45 and Up Study

**Research approach:**

Quantitative

**Type of data:**

Secondary

**Secondary data sources used:**

45 and Up Study, Home and Community Care data (HACC)

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**