

Help-seeking and service use for dementia in Italian, Greek and Chinese Australians

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Reference:

Key Words:

service access, service use, Italian, Greek, Chinese

Research aim:

To explore the help-seeking strategies and the acceptance of services among a national sample of Italian, Greek and Chinese compared to third generation Australians.

Results/Conclusion:

The most frequently reported sources of help for all participants were general practitioners (55%), community organisations (27%) and family (26%). Significantly more racial minority participants reported that they would seek help from their families (32%) than did third generation Australians (13%). The percentage of participants who reported they would use aged care services were 96% for day activities, 95% for community nursing, 93% for bus outings, 91% for home help with housework, 88% for carer's support groups, 83% for nursing home care, 78% for one-week respite and 67% for Meals-on-Wheels. Racial minorities were equally or more likely to say that they would use some community-based services than third generation Australians and less likely to use residential respite. Italians were less likely to use permanent residential care. Acculturation parameters were inconsistently associated with help-seeking and service acceptability.

Implications:

Racial minority groups have a greater preference for community services than third generation Australians. There are differences between racial minority groups on help-seeking and acceptability of services. Education and outreach to these groups needs to be tailored.

Cultural Group(s):

Italian, Greek, Chinese, 3rd generation Australian

Location of study:

Australia (national)

Age group:

Number included in study:

350 Italian, 414 Greek, 437 Chinese and 500 third generation Australians

Type of participants:

Italian, Greek, Chinese and third-generation Australians

Research approach:

Quantitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: