

# Group music therapy methods in cross-cultural aged care practice in Australia

**Author/s:** Ip-Winfield, Vannie Grocke, Denise | **Year:** 2011 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** Culturally Appropriate Care

**Reference:**

**Key Words:**

music, carers of CALD aged

**Research aim:**

Australian Music therapists are being called upon to work with an elderly population that is increasingly culturally and linguistically diverse (CALD). This study addresses the shortage of research in the following areas: 1) cross-cultural music therapy methods; 2) aged CALD clients; and 3) group work.

**Results/Conclusion:**

The results suggest that cross-cultural music therapy practice in aged care is influenced by the following: personal experience and professional training, and the client's background, abilities, level of acculturation and musical preference. The study concludes with recommendations for training music therapists in future.

**Implications:**

**Cultural Group(s):**

**Location of study:**

Australia

**Age group:**

**Number included in study:**

88

**Type of participants:**

practising music therapists working in aged care in Australia

**Research approach:**

**Type of data:**

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**

Although not the focus this article describes the types of music therapies used with older CALD people