

Food security in older Australians

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Reference:

Key Words:

food security, large survey, access

Research aim:

we investigated the prevalence of food insecurity in a large cohort of older adults using a similar food security measurement tool (to Radermacher et al 2010 study) from the Blue Mountains Eye Study (BMES), a population-based cohort study of eye diseases and other health outcomes

Results/Conclusion:

we found that there is a need for ongoing services from local government to ensure the availability of both adequate community support and social support for this population.

Implications:

we were able to support their findings with data from a larger cohort, thereby reinforcing the significance of food insecurity for subpopulations within Australia.

Cultural Group(s):

Not defined

Location of study:

New South Wales

Age group:

> 49

Number included in study:

3,068

Type of participants:

people aged 49+ who completed the food security questionnaire as a part of the Blue Mountains Eye Study

Research approach:

Quantitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Blue Mountains Eye Study

Implications/ Recommendations:

Notes:

Does not discuss CALD as a sub-group. Relates results to Radermacher 2010 study.