

# Exploring the Role of Family and Older People's Access to Food in Different Cultures: Will the Children be There to Help?

**Author/s:** Radermacher, Harriet Feldman, Susan Lorains, Felicity Bird, Stephen | **Year:** 2010 | **Publication type:** Journal article  
| **Peer reviewed:** | **Topic area/s:** General Wellbeing, Food Security, Informal Care

## **Reference:**

## **Key Words:**

intergenerational support, food security, nutrition, access

## **Research aim:**

This article draws on the concepts of intergenerational exchange to further understand and explore older people's experiences of accessing nutritious food in a country where cultural diversity is a hallmark of the population.

## **Results/Conclusion:**

The role of family and supportive intergenerational networks emerges as particularly significant within the current climate of rapid social and economic change. Participants appear ambivalent about receiving assistance from their adult children, and question the capacity of their children to assist given the increasing pressures and responsibilities that their adult children face.

## **Implications:**

We conclude by proposing that appropriate and effective local government services that build on the strengths of existing family networks may continue to ensure that older people have access to nutritious food they want and need.

## **Cultural Group(s):**

Anglo-Celtic, Macedonian, Serbian, Maltese

## **Location of study:**

Victoria (Melbourne)

## **Age group:**

58-90

## **Number included in study:**

44

## **Type of participants:**

older people from Anglo-Celtic, Macedonian, Serbian and Maltese backgrounds

## **Research approach:**

Mixed methods

## **Type of data:**

Primary

## **Secondary data sources used:**

## **Specific scales or analytical techniques used:**

## **Implications/ Recommendations:**

## **Notes:**

This article is related to another article by same authors in 2010