

Explanatory models of depression in Greek-born and Italian-born immigrants living in Australia: Implications for service delivery and clinical practice

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Reference:

Key Words:

depression, mental health, family, Greek, Italian, qualitative, perceptions

Research aim:

The current study examined cultural differences in explanatory models of depression in a community-based sample of mid to older aged Greek-born and Italian-born immigrants living in Melbourne, Australia.

Results/Conclusion:

Overall, participants followed a "social" based as opposed to a "disease" based model to describe depression. The Italian-born participants were also found to hold concurrent beliefs for the course and treatment of depression. Overall, both the Greek-born and Italian-born participants reported a high number of "affects family and relationships" responses as the consequences of depression.

Implications:

Cultural Group(s):

Greek, Italian

Location of study:

Victoria (Melbourne)

Age group:

mean age 69 Italian group, mean age 63 Greek group

Number included in study:

92

Type of participants:

62 Greek-born, 30 Italian-born older people in the community

Research approach:

Mixed methods

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: