

Experiences of Chinese Immigrants and Anglo-Australians Ageing in Australia A Cross-cultural Perspective on Successful Ageing

Author/s: Tan, J. Ward, L. Ziaian, T. | **Year:** 2010 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** General Wellbeing

Reference:

Key Words:

successful ageing, Chinese, Australian, views on ageing

Research aim:

This study explored the life experiences and views on successful ageing of older Australians.

Results/Conclusion:

Results revealed that both groups associated successful ageing with health and personal responsibility. Anglo-Australians regarded growing old gracefully and acceptance as important aspects of successful ageing, whereas Chinese-Australians valued financial security and an active lifestyle.

Implications:

The research highlights that a cross-cultural perspective is imperative for service delivery and policy development to promote the health and well-being of older Australians.

Cultural Group(s):

Chinese-Australians, Anglo-Australians

Location of study:

South Australia

Age group:

55-78

Number included in study:

10 Chinese Australians, 11 Anglo Australians

Type of participants:

Chinese Australians, Anglo Australians

Research approach:

Qualitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

See article by same authors from 2011 for quantitative results of the study