

# Experiences and Perceptions of Culturally and Linguistically Diverse Family Carers of People With Dementia

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**Key Words:**

dementia, family care giving, informal care

**Research aim:**

The study examined the experiences and perceptions of these family carers from a CALD background with regard to their caregiving for a person living with dementia (PLWD)

**Results/Conclusion:**

Analysis revealed that while considerable similarities exist across the experiences and perceptions of carers from all 4 CALD communities, there were nevertheless some important distinctions across the different groups. Arabic-speaking and Chinese-speaking carers did not take an advocacy role in hospitals as described by the Italian-speaking and Spanish-speaking carers. Arabic-speaking and Chinese-speaking carers also reported less conflict with other family members about caregiving decisions than Italian-speaking and Spanish-speaking carers. Gender was not described as impacting care decisions in these latter CALD communities to the extent that it was by the Italian-speaking and Spanish-speaking carers participating in the study. Arabic-speaking carers expressed much emotion and grief about the condition of the PLWD, worry about the future, and the impact of caring on themselves. However, Arabic-speaking carers were also less concerned about dementia-related behaviors than the other 3 groups. Unlike carers from the other CALD communities, Chinese-speaking carers did not report worrying about the safety of the PLWD.

**Implications:**

Anglo-Australians were not included, which would enable more direct comparisons between CALD and non-CALD family carers.

**Cultural Group(s):**

Italian, Arabic, Spanish-speaking, Chinese

**Location of study:**

New South Wales (West Sydney)

**Age group:**

**Number included in study:**

N/A

**Type of participants:**

**Research approach:**

Qualitative

**Type of data:**

Primary

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**