

# End of Life Care: The Importance of Culture and Ethnicity

**Author/s:** Clark, K. Phillips, J. | **Year:** 2010 | **Publication type:** Journal article | **Peer reviewed:** Yes | **Topic area/s:** High Level Care, Palliative Care

**Reference:** Clark, K. and J. Phillips (2010) "End of Life Care: The Importance of Culture and Ethnicity" Australian Family Physician 39(4):210-213

**Key Words:**

Health Services, Palliative Care, CALD, Cultural understanding

**Research aim:**

This article discusses how cultural diversity may impact care and provides some strategies for the general practitioner when considering the provision of end of life care.

**Results/Conclusion:**

This article does not attempt to provide GPs with a prescriptive approach to multicultural care, as this would run the risk of stereotyping individuals. Rather, it discusses the barriers to end of life care among different cultural and ethnic groups, and suggests ways in which to improve understanding of different cultural needs in end of life care.

**Implications:**

Taking the time to understand each patient's unique cultural needs, values and beliefs is the most respectful way of delivering palliative care and facilitating a dignified death.

**Cultural Group(s):**

CALD

**Location of study:**

Australia

**Age group:**

**Number included in study:**

N/A

**Type of participants:**

Literature review

**Research approach:**

**Type of data:**

Literature review

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**