

Effective communication is crucial to self-management: The experiences of immigrants to Australia living with diabetes

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Reference:

Key Words:

Diabetes, length of residency

Research aim:

What impact, if any, have health policies had on the lives of immigrants? How do their experiences of living with DM compare with those of people with DM who were born in Australia?

Results/Conclusion:

Immigrants to Australia confront linguistic and cultural barriers that create an extra layer of problems not experienced by Australian-born people. Older people who were born overseas face obstacles to effective engagement with the health system that weaken their ability to take an active part in the management of their conditions.

Implications:

Chronic disease policy is failing immigrants to Australia. Health professionals and services must recognize the central role that cultural diversity plays in self-management and the impact that this can have on health outcomes for immigrants with chronic illness.

Cultural Group(s):

immigrants (15 from CALD backgrounds), Australia born

Location of study:

Age group:

Number included in study:

32

Type of participants:

participants who had DM (n = 25) or cared for someone with DM (n = 7)

Research approach:

Qualitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

Health