

Digital technology, diabetes and culturally and linguistically diverse communities: A case study with elderly women from the Vietnamese community

Author/s: O'Mara, B. Gill, G. K. Babacan, H. Donahoo, D. | **Year:** 2012 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** General Wellbeing

Reference:

Key Words:

digital technologies, Vietnamese, diabetes, health literacy, women

Research aim:

To report the processes and outcomes of a case study on digital technology, diabetes and culturally and linguistically diverse (CALD) communities - with a case study of older people from the Vietnamese community

Results/Conclusion:

Participant feedback indicated that the information session achieved its goal of raising awareness of ways to use and access diabetes information using digital technology. However, participants noted areas for enhancement and improvement, including more focused and targeted engagement with peer-led techniques, the digital proficiency of participants and digital technology preferences based on age and cultural background.

Implications:

Digital technology was used to improve diabetes awareness information with elderly Vietnamese women, demonstrating the potential for application with others from CALD communities. However, there are continuing challenges in this approach, indicating the need for nuanced community engagement strategies that consider cultural context and familiarity with different kinds of digital technology.

Cultural Group(s):

Vietnamese

Location of study:

Victoria (Melbourne)

Age group:

Elderly (not further defined)

Number included in study:

38

Type of participants:

elderly women from the Vietnamese community

Research approach:

Participatory

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: