

Different language but same message

Author/s: Kennett, Jeff | **Year:** 2008 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** Mental Health

Reference:

Key Words:

depression, diagnosis, service access

Research aim:

This article emphasises that depression is not a normal part of growing older and nor is it a personal weakness, and that effective treatment is available for people of all ages. The article identifies some of the barriers that prevent older people from culturally and linguistically diverse (CALD) backgrounds from accessing mental health services.

Results/Conclusion:

some of the barriers that prevent older people from culturally and linguistically diverse (CALD) backgrounds from accessing mental health services, including stigma associated with mental illness in their community, a lack of knowledge about what services are available, limited English language, lack of access to interpreters, and differences in cultural explanations and perceptions about mental illness.

Implications:

The article provides an overview of the multilingual services provided by beyondblue. The article stresses the need to inform older CALD people about the importance of early detection and treatment of depression.

Cultural Group(s):

CALD

Location of study:

Age group:

older Australians

Number included in study:

N/A

Type of participants:

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

Not primary research - discussion paper about mental health issues for CALD older people - issues with accessing services - and a list of beyondblue services