

Development of an Italian version of the Depression Anxiety Stress Scales

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Reference:

Key Words:

Italian, translation, assessment tools, depression

Research aim:

There are few valid and reliable Italian-language measures of mood symptomology suitable for use with older Italians. The aim of this project was to apply an Italian version of the Depression Anxiety Stress Scales and explore outcomes.

Results/Conclusion:

The results are explained with reference to cultural factors specific to an older Mediterranean migrant sample, including somatic expressions of distress and "nerves". The results are also discussed in light of the size and nature of the sample. The Depression and Stress scales can be used confidently by clinicians and researchers with this population. However, the Anxiety scale cannot be assumed to be measuring an homogenous construct, and as such, should be used with caution.

Implications:

Cultural Group(s):

Italian

Location of study:

Age group:

55+

Number included in study:

103

Type of participants:

Italian-born men and women aged 55+

Research approach:

Quantitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Depression Anxiety Stress Scales

Implications/ Recommendations:

Notes: