

Cultural Values and Caregiving: The Updated Sociocultural Stress and Coping Model

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Reference:

Key Words:

CALD carers, support for carers, cultural values, stress and coping

Research aim:

This review revises the sociocultural stress and coping model for culturally diverse family caregivers proposed in 1997 by Aranda and Knight.

Results/Conclusion:

Available research on the influence of cultural values on the stress and coping process among family caregivers supports a common core model that is consistent across ethnic groups and that links care recipients' behavior problems and functional impairments to caregivers' burden appraisals and health outcomes. Familism as a cultural value appears to be multidimensional in its effects, with obligation values often being more influential than family solidarity.

Implications:

The effects of cultural values and other ethnic differences in stress and coping appear to involve social support and coping styles rather than burden appraisals. Implications of the revised model for research and practice are discussed.

Cultural Group(s):

CALD

Location of study:

Age group:

Number included in study:

N/A

Type of participants:

Research approach:

Literature review

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

Not primary research, reviews existing model of culturally diverse family caregiving