

Community Report: Delivery of 'Coping with Care-giving' to Chinese and Spanish-speaking carers of people with dementia living in Australia

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Key Words:

dementia, family care

Research aim:

This report provides information to communities about the results of this trial study of an intervention to support Spanish and Chinese-speaking carers of people with dementia

Results/Conclusion:

The results suggest the intervention had a positive effect on both CALD groups. Specifically, the questionnaire showed Spanish-speakers experienced a reduction in depression, anxiety and stress levels and Chinese-speakers reported less depression.

Implications:

The program holds much promise for addressing some of the needs of Chinese and Spanish-speaking carers and should be explored with other groups

Cultural Group(s):

Spanish, Chinese

Location of study:

New South Wales (West Sydney)

Age group:

Number included in study:

N/A

Type of participants:

bilingual/bicultural family carers of dementia providing care 8 or more hours per week

Research approach:

Pilot study

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: