

# Belonging to a Victorian Community Choir: Ageing, Music and Culture

**Author/s:** Southcott, Jane Joseph, Dawn | **Year:** 2009 | **Publication type:** Conference paper | **Peer reviewed:** | **Topic area/s:** General Wellbeing, Social Inclusion and Engagement

**Reference:**

**Key Words:**

Bosnian, community participation, singing, well being

**Research aim:**

This study will explore ageing and cultural diversity within Australian society through an examination of community arts engagement, specifically a community choir in Melbourne, Victoria, Australia.

**Results/Conclusion:**

This paper reports on how music engagement can facilitate successful ageing by encouraging a sense of community, enhancing well-being and supporting cultural identity. Found that participating in the choir added to sense of belonging and family, wellbeing, cultural identity

**Implications:**

**Cultural Group(s):**

Bosnian

**Location of study:**

Victoria

**Age group:**

65+

**Number included in study:**

2

**Type of participants:**

1 male and 1 female Bosnian who participate in a choir

**Research approach:**

Qualitative

**Type of data:**

Primary

**Secondary data sources used:**

Part of a larger study: 'Well being and ageing: community, diversity and the arts in Victoria'

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**