

A place for singing: Active music engagement by older Chinese Australians

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Reference:

Key Words:

singing, social inclusion

Research aim:

Positive, active engagement in community singing groups can provide emotional, social, cognitive and physical benefits to older participants. This article explores these benefits through the experiences of a group of older Chinese Australians still active in their local community.

Results/Conclusion:

Emotional well-being, connections with the past, shared interests and mental and physical well-being.

Implications:

Cultural Group(s):

Chinese

Location of study:

Age group:

Number included in study:

N/A

Type of participants:

Research approach:

Qualitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: