

A Pilot of an Intervention Delivered to Chinese- and Spanish-Speaking Carers of People With Dementia in Australia

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Reference:

Key Words:

Research aim:

To explore language and culture-specific support programs for carers of people with dementia - the group intervention for use with Chinese and Spanish speakers in the United States was adapted to the Australian context, and a pilot study was undertaken with these 2 communities.

Results/Conclusion:

A significant decrease in depression, anxiety, and stress was observed among Spanish speakers; a significant decrease in depression and anxiety was present among the Chinese speakers.

Implications:

Cultural Group(s):

Location of study:

Age group:

Number included in study:

22

Type of participants:

Chinese and Spanish-speaking carers of people with dementia

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Depression Anxiety and Stress Scale—Short form (DASS-21)

Implications/ Recommendations:

Notes: