

A comparison of widowhood and well-being among older Greek and British-Australian migrant women

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Reference:

Key Words:

widowhood, Greek, British

Research aim:

This study aimed to examine the well-being of older migrant widows from two groups in South Australia: British-born (n = 61) and Greek-born (n = 60) Australian migrants, who had been widowed, on average, 13 years.

Results/Conclusion:

Greek-born widows displayed higher levels of mourning rituals, continuing bonds and religiosity than the British. Both groups perceived similarly high levels of familial social support. Greek widows also reported worse self-rated health, and increased symptoms of depression and loneliness compared to the British. This paper suggests that the detrimental impact of widowhood on well-being may be greater for non-English speaking migrants who are ageing outside of their country of origin, and who, despite residing in an English-speaking host country for several decades, have retained the linguistic, cultural and religious practices and traditions of their home country.

Implications:

Cultural Group(s):

Greek, British

Location of study:

Age group:

Number included in study:

N/A

Type of participants:

Research approach:

Quantitative

Type of data:

Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: