

# A Community-Based Culturally Competent Oral Health Promotion for Migrant Older Adults Living in Melbourne, Australia

**Author/s:** Marino, R. Calache, H. Morgan, M. | **Year:** 2013 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** Dental

**Reference:**

**Key Words:**

dental health, Italian, health promotion

**Research aim:**

To evaluate the effect of a theory-based oral health promotion intervention in a community environment by a nondental peer educator on the oral hygiene and gingival health of independent-living Italian older adults.

**Results/Conclusion:**

Controlling for pretest scores, the experimental group was significantly more likely than the control group to have improved gingival status and self-efficacy. No significant effects were found regarding dental plaque. Within the setting of Italian social clubs, the intervention was effective at increasing self-efficacy and reducing gingival bleeding. As such, it represents a useful approach for the design of oral health interventions in older migrant adults.

**Implications:**

**Cultural Group(s):**

Italian

**Location of study:**

Victoria (Melbourne)

**Age group:**

55+

**Number included in study:**

144

**Type of participants:**

Active older members of Italian social clubs

**Research approach:**

Observational

**Type of data:**

Primary

**Secondary data sources used:**

**Specific scales or analytical techniques used:**

**Implications/ Recommendations:**

**Notes:**