Types and Sources of Support Received by Family Caregivers of Older Adults from Diverse Racial and Ethnic Groups

Authors: Chow, Julian Chun-Chung; Auh, Erica Yoonkyung; Scharlach, Andrew E.; Lehning, Amanda J.; Goldstein, Cara
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Research aim: This study examines racial and ethnic variations in the types and sources of support caregivers receive.

Results/Conclusion: Patterns of support use were found to vary by racial/ethnic group, with Asian and Pacific Island caregivers most likely to receive help from informal sources only, white caregivers most likely to receive help from formal sources only, and African-American caregivers most likely to rely on a combination of formal and informal support.

Implications: Results from this study underscore the importance of developing culturally appropriate systems of caregiver support that reflect the needs and practices of diverse caregiver groups. Further research is needed regarding the intersection of race, ethnicity, and other personal or environmental characteristics within the caregiving situation.

Cultural Group(s): African-American, Asian/Pacific Islander, Hispanic/Latino, and white caregivers in the USA

Location of study: United States

Age group: Caregivers for people aged 50+ years

Number included in study: 1,643 caregivers

Type of participants: Caregivers of someone aged 50+

Research approach: Quantitative

Type of data: Primary

Secondary data sources used: N/A

Specific scales or analytical techniques used: Bivariate analyses using chi-square tests were conducted to examine variations in the total number and sources of caregiver support received across the four racial and ethnic groups: Asian/Native Hawaiian/Pacific Islander, Hispanic, Non-Hispanic African American, and non-Hispanic white.

Implications/Recommendations:

Notes: