The role of health promotion in healthy ageing

Author/s: Hussain, Rafat Marino, Rodrigo Coulson, Irene | Year: 2005 | Publication type: Book section | Peer reviewed: |
Topic area/s: General Wellbeing


Key Words:
health promotion

Research aim:
The chapter examines approaches for measuring successful ageing; health promotion strategies that relate to ageing; principles of health education and health promotion in older adults; and key elements for adult learning, including relevance, taking into account the individual's experience, realistic and measurable goals, group based interaction and sustainability.

Results/Conclusion:
Different strategies need to be utilised for different types of older people

Implications:

Cultural Group(s):

Location of study:

Age group:

Number included in study:
N/A

Type of participants:

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:
Presents different case studies demonstrating the need for different approaches to reach different types of older populations - not specific to CALD but one case study was about Marino et al dental research with older CALD