

The Influence of Ethnicity and Culture on the Caregiver Stress and Coping Process: A Sociocultural Review and Analysis

Author/s: Aranda, María P. Knight, Bob G. | **Year:** 1997 | **Publication type:** Journal article | **Peer reviewed:** | **Topic area/s:** Carers who are CALD, Informal Care

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Key Words:

Latino, carers, coping and stress, CALD carers

Research aim:

The authors review the literature on ethnic minority caregivers and suggest that ethnicity and culture play a significant role in the stress and coping process for Latino caregivers.

Results/Conclusion:

Caregivers of older Latinos face special challenges in the caregiving for individuals at higher risk for specific chronic diseases, who are disabled at earlier ages, and who have more functional disabilities. Ethnicity and culture can also influence the appraisal of stress events, the perception and use of family support, and coping behaviors. Socioeconomic class and minority group status are discussed as additional sources of variation in the caregiver stress and coping model.

Implications:

Cultural Group(s):

Latino

Location of study:

United States

Age group:

Number included in study:

N/A

Type of participants:

Research approach:

Literature review

Type of data:

Literature review

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:

Not primary research - literature review of previous research