Racial, Ethnic, and Cultural Differences in Dementia Caregiving: Review and Analysis

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Key Words: caregiving, international study, literature review, attitudes towards caregiving

Research aim: This study provides a review and analysis of the empirical research published since 1985 that has examined the impact of race, culture, and/or ethnicity on the dementia caregiving experience.

Results/Conclusion: Ten of the 12 studies included in the review focused on comparisons between Black and White caregivers; one examined differences between Black and Hispanic caregivers, and one focused on White and Hispanic caregivers. Compared to White caregivers, non-White caregivers: a) were less likely to be a spouse and more likely to be an adult child, friend, or other family member, b) reported lower levels of caregiver stress, burden, and depression, c) endorsed more strongly held beliefs about filial support, and d) were more likely to use prayer, faith, or religion as coping mechanisms.

Implications: Strategies for advancing research in this area are discussed.

Cultural Group(s): African Americans, White Americans, Hispanic Americans

Location of study: United States

Age group: mixed

Number included in study: N/A

Type of participants: caregivers of people with dementia

Research approach: Literature review

Type of data: Literature review

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes: