Experiences of Chinese Immigrants and Anglo-Australians Ageing in Australia A Cross-cultural Perspective on Successful Ageing

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Reference:
Key Words: successful ageing, Chinese, Australian, views on ageing

Research aim:
This study explored the life experiences and views on successful ageing of older Australians.

Results/Conclusion:
Results revealed that both groups associated successful ageing with health and personal responsibility. Anglo-Australians regarded growing old gracefully and acceptance as important aspects of successful ageing, whereas Chinese-Australians valued financial security and an active lifestyle.

Implications:
The research highlights that a cross-cultural perspective is imperative for service delivery and policy development to promote the health and well-being of older Australians.

Cultural Group(s):
Chinese-Australians, Anglo-Australians

Location of study:
South Australia

Age group:
55-78

Number included in study:
10 Chinese Australians, 11 Anglo Australians

Type of participants:
Chinese Australians, Anglo Australians

Research approach:
Qualitative

Type of data:
Primary

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/ Recommendations:

Notes:
See article by same authors from 2011 for quantitative results of the study