End of Life Care: The Importance of Culture and Ethnicity

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Key Words: Health Services, Palliative Care, CALD, Cultural understanding

Research aim: This article discusses how cultural diversity may impact care and provides some strategies for the general practitioner when considering the provision of end of life care.

Results/Conclusion: This article does not attempt to provide GPs with a prescriptive approach to multicultural care, as this would run the risk of stereotyping individuals. Rather, it discusses the barriers to end of life care among different cultural and ethnic groups, and suggests ways in which to improve understanding of different cultural needs in end of life care.

Implications: Taking the time to understand each patient's unique cultural needs, values and beliefs is the most respectful way of delivering palliative care and facilitating a dignified death.

Cultural Group(s): CALD

Location of study: Australia

Age group:

Number included in study: N/A

Type of participants: Literature review

Research approach:

Type of data: Literature review

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/Recommendations:

Notes: