Empowerment as a tool for a healthy resettlement: a case of new African settlers in South Australia

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Keywords: African community, empowerment, community development, new settlers, communities, immigrants, Australia, public health

Research aim:
The aim of this paper is to describe the application of empowerment and the role that it plays in fostering community participation, community integration and in enabling a healthy re-settlement of culturally and linguistically diverse migrants who have recently arrived in Australia from Sub-Saharan Africa.

Results/Conclusion:
Empowering involves active participation of individuals and groups in shaping and altering the socio-environmental issues and context. Empowering embraces participation but it also expands behavioural emphasis to incorporate notions of trust, connectivity and civic engagement. The concept of participation creates a multilevel link including the individual, the organisation and the community level.

Implications:

Cultural Group(s):
Sub-Saharan Refugees

Location of study:
South Australia

Age group:

Number included in study:
N/A

Type of participants:

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:

Implications/Recommendations:

Notes: