Difficulties experienced by carers from non-English-speaking backgrounds in using health and other support services

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Reference:
Key Words: CALD carers, access to services, barriers to service use

Research aim: The study objective was to document the experiences of carers from a non-English speaking background in using health and other support services in order to understand the reasons for underutilisation.

Results/Conclusion: Some of the difficulties experienced in using services were common to many carers, irrespective of background, whereas others related specifically to English language deficits and cultural differences. Carers were reluctant to institutionalise a family member, despite their own health problems, emphasising the need for greater support from existing and expanded services to enable the relative to be cared for at home.

Implications:
Cultural Group(s): Non-English speaking background

Location of study: New South Wales (Sydney)

Age group: 40

Type of participants: female carers from a CALD background

Research approach: Qualitative

Type of data: Primary

Secondary data sources used:
Specific scales or analytical techniques used:

Implications/Recommendations:

Notes: