Dementia information for culturally and linguistically diverse communities: sources, access and considerations for effective practice

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Key Words: dementia, family care giving, informal care

Research aim: The research questions this paper aimed to answer were: how do CALD communities get information about dementia; what are the main access issues; and how can information provision be improved?

Results/Conclusion: The main findings that are relevant for improving policy and practice are: the need for a more strategic and coordinated approach to dissemination structures and processes; a greater emphasis on supporting and enhancing the interpersonal aspects of information provision; the need for a greater range of information for CALD communities; and the need to ensure information resources and processes reflect the circumstances and needs of these communities.

Implications: This will be most likely achieved if key stakeholders from within the CALD communities are directly involved in all stages of the development and dissemination of dementia information resources.

Cultural Group(s): Italian, Arabic, Spanish-speaking, Chinese

Location of study: New South Wales (West Sydney)

Age group: 121 family carers, 24 bi-lingual/bi-cultural workers, 16 bi-lingual GPs, 20 geriatricians

Type of participants: family caregivers, multicultural workers, GPs, geriatricians

Research approach: Qualitative

Type of data: Primary

Secondary data sources used: NVivo

Specific scales or analytical techniques used: NVivo

Implications/Recommendations:

Notes: importance of the interpersonal aspects of information dissemination. How well information is received, understood and evaluated is strongly affected by the characteristics of the person passing on the information.