A Pilot of an Intervention Delivered to Chinese- and Spanish-Speaking Carers of People With Dementia in Australia

Authors: Leone, Desiree Carragher, Natacha Santalucia, Yvonne Draper, Brian Thompson, Larry W. Shanley, Christopher Mollina, Angelica Chen, Langduo Kyriazopoulos, Helena Thompson, Dolores Gallagher | Year: 2013 | Publication type: Journal article | Peer reviewed: | Topic area/s: Dementia

Reference:

Key Words:

Research aim:
To explore language and culture-specific support programs for carers of people with dementia - the group intervention for use with Chinese and Spanish speakers in the United States was adapted to the Australian context, and a pilot study was undertaken with these 2 communities.

Results/Conclusion:
A significant decrease in depression, anxiety, and stress was observed among Spanish speakers; a significant decrease in depression and anxiety was present among the Chinese speakers.

Implications:

Cultural Group(s):

Location of study:

Age group:

Number included in study: 22

Type of participants:
Chinese and Spanish-speaking carers of people with dementia

Research approach:

Type of data:

Secondary data sources used:

Specific scales or analytical techniques used:
Depression Anxiety and Stress Scale—Short form (DASS-21)

Implications/ Recommendations:

Notes: